



The Tendring
Community Safety
Partnership

Mental Health Awareness Day

According to the Mental Health Foundation, 1 in 4 people suffer with mental health problems

According to the World Health Organization 970 million people globally were living with a mental disorder, with anxiety and depression the most common

Come and see us and our partners on the 17th May at Christmas tree island, Clacton on sea 10am-2pm for mental health support and advice

